

TALES
FROM
THE

Arbour



SUMMER 2023



Welcome to the first edition of the Tales from the Arbour newsletter. This newsletter showcases the many different experiences and activities our students undertake, helping them to achieve their full potential.

To all our students and wider community, have a happy and restful summer.

BAND ON THE RUN



On Monday mornings, the sounds of trumpets and tubas can be heard echoing through the streets of Eccles. The world renowned Halle Orchestra has been delivering music lessons to our students. Students have learnt the skills required to be part of an orchestra such as reading music, following instruction from a conductor and learning about pitch and tone which will all come together in a performance at the end of the year.

The Halle4brass project teaches how to play brass instruments and the acquisition of this new skill is then connected to life skills. When learners come up against something they cannot play, which happens in most cases from very early on, they are taught strategies to overcome these difficulties and these strategies in turn can be used in other areas of their lives. For some, progress is quick but others struggle to even make a sound on their instrument. The system praises not only progress but also hard work and one of the outcomes with all the learners, even the strugglers is how when they achieve a basic outcome for example making their first sound, there is a corresponding sense of achievement and a positive effect on their self esteem.



LIFE IN A NORTHERN TOWN



Our creative and diligent Year 10 pupils have been invited to take part in the We Live Here project, based in Eccles, which runs from July 21st to September 30th 2023.

We Live Here is a public art project that will transform walls, windows and public spaces in Eccles town Centre with a series of site-specific interventions by artists and members of the community living and working in Eccles.

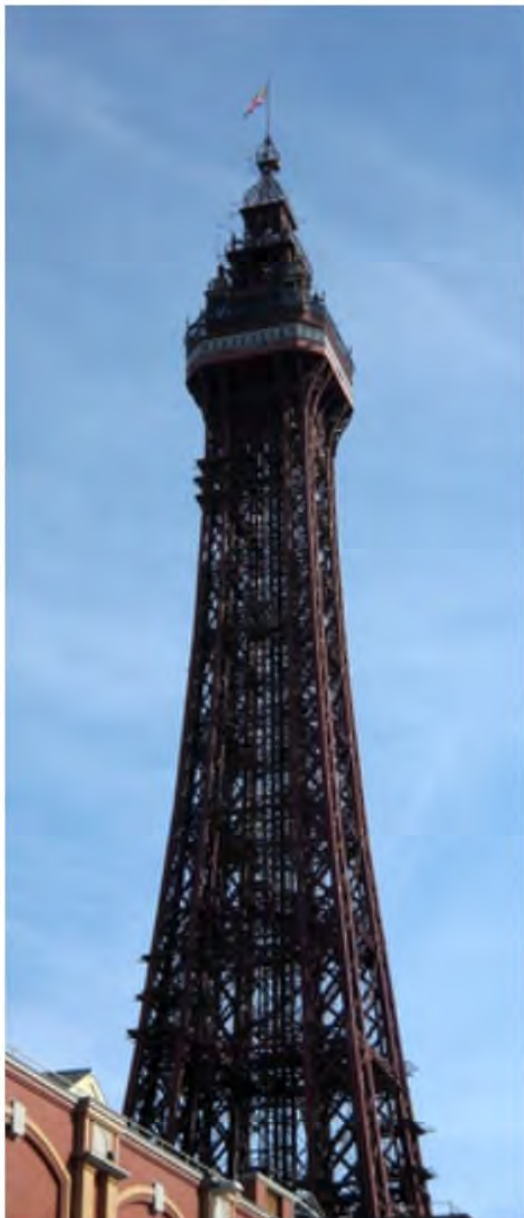
The project title 'We live here' will form the basis of the themes that artists and town stakeholders will respond to. All the artwork created will reference all the different wildlife and people that live, study and work in Eccles.

Via large scale murals, painting, photography, digital art and site specific installations, Wild in Art will work with local stakeholders to inject colour and vibrancy into Eccles town centre, engendering local pride, a sense of community whilst offering people the chance to learn new skills.

Our pupils have been creating with Lauren with the aim of transforming an empty unit on Eccles Precinct into an installation that's inspired by the flora that grows in Eccles.

The artist will be taking inspiration from the work of Chika Ohgi and will create 'flowers' and 'trees' with participants that explore identity from silk and dye tie dye flowers that will be suspended from the ceiling to create a stunning installation.

LIFE IS A ROLLERCOASTER



8 brave Arbour souls ventured from the comfort of the Academy and travelled to Blackpool to experience a day of rides, fun and ice cream. This fearless bunch braved all the major attractions including the Big One, Valhalla and the skin soaking Log-flume.

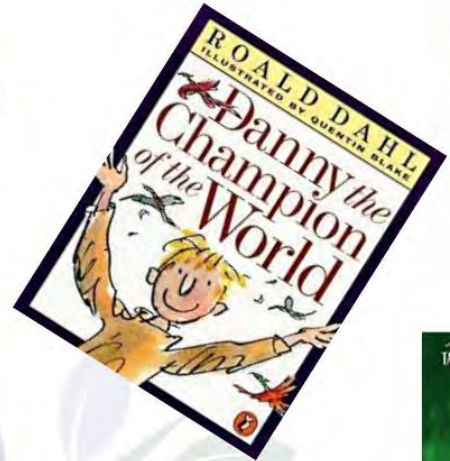
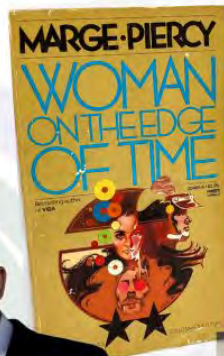
As they returned with beaming smiles and white knuckles, they all said what a great time they had and will be planning a return trip in the future.

Big thanks to all the staff who screamed their way around the Pleasure Beach.



THIS IS ME

As part of our Identity theme, staff were asked to provide examples of 'things' that make them who they are. Here is a selection showing the eclectic workforce we have at Arbour Academy.



SCHOOL'S OUT

To mark the end of another successful year at Arbour Academy, students and staff arrived to a magnificently decorated room at Patricroft Conservative Club

(thank you Lauren and Claire)

All of the students looked amazing in their new outfits and make up.

There was lots of laughter and some tears as every student received an award ranging from Light Switch Monitor to World's Biggest Beatles Fan.

Class of 2023 we wish you well, go out and be amazing!



I GET AROUND

Manchester walking tour

As part of our urban theme, we learned about the history of central Manchester. Liz, our guide, took us to parts of Manchester that some of us had never even seen. She talked us through the industrial history of the area, from the Bridgewater canal, the earliest in England, to the modern vibrant hub of Spinningfields, which was once an area of extreme poverty. We heard how Manchester became the centre of the global cotton industry, which tied in well with our upcoming visit to Quarry Bank Mill.

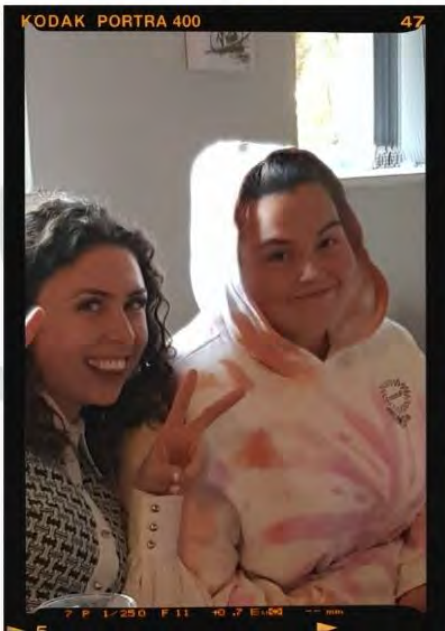
Quarry Bank

Back in May, we spent a day at Quarry Bank Mill learning about the lives of apprentice mill workers during the industrial revolution. We saw the straw mattresses they shared, and learned about how medical treatment included using maggots and leeches! Our young people were intrigued by the tales of individuals who had suffered accidents whilst working long hours in the mill, and how a few individuals ran away. The diet was said to be good, for the time, with vegetables and occasionally meat mixed in with the porridge.

Smithills farm

On a warm morning in June, leaving Y11 in peace to complete their Maths GCSE exam, we headed to Smithills open farm, where the young people enjoyed getting close to a whole range of animals including sheep, llamas, alpaca and birds of prey.

SHINY HAPPY PEOPLE



ENGAGING BELONGING COMPASSION LEARNING

GOOD NEWS

We are thrilled to report that one of our past pupils, Callum, has achieved a First Class Honours Degree in Astrophysics. Tributes have been paid to the Maths and Science teaching he received whilst attending our centre between Year 9 and Year 11. Callum's mum rang Arbour Academy to let us know the good news and we are delighted for both Callum and his mum, knowing the barriers to education that were originally faced.

We wish Callum all the best as he pursues his next challenge of Flight School - definitely a case of onward and upward!



We recently conducted a survey of our students to find out their views on school and how they feel about being here. The results were very positive;

100% say they feel safe all or most of the time when at school

100% agree bullying doesn't happen

100% say teachers help them to do their best in every lesson or most lessons

100% strongly agree or agree that school encourages them to respect people from other backgrounds and to treat everyone equally

92% agree behaviour of other pupils around school is good all or most of the time (100% of KS4 pupils)

92% enjoy school most or all of the time (100% of KS4 pupils)

WE CAN WORK IT OUT



DWP mentoring

Throughout March and April a group of our students enjoyed a series of 6 mentoring sessions with an employer, Sarah, who works for The Department of Work and Pensions, therefore meeting Gatsby Benchmark number 6- Experiencing a workplace.

Throughout these sessions students worked on their employability skills including negotiation, decision making, teamwork, resilience and using their intuition. To complete the sessions Sarah invited the students to her workplace, based in St Peters Square Manchester, for the day. The students were given an inspirational talk from another employee about overcoming barriers and facing adversity. We then all enjoyed a feast from Papa Johns pizza place before one final teamwork challenge – building the highest spaghetti and marshmallow tower! There were lots of sticky fingers, collapsing towers, laughter and creativity to end a great day.

Well done to all the students for rising to the challenge!

WHAT'S GOING ON?

As a reward for excellent attendance we took two Year 11 girls to see The Little Mermaid at the Odeon Cinema in The Trafford Centre. They were both on their best behaviour, great company and they enjoyed the film. Chelsea thought that it was better than the original animated version, high praise indeed.

We had a lively discussion about the casting choices in the film, its content and the ending – no spoilers! Well done, girls.



Text and chat with a Salford School Nurse



LET'S CHAT LET'S CHAT LET'S CHAT LET'S CHAT

SEND A MESSAGE TO

07312 263176

AND CHAT WITH A SCHOOL NURSE

SCAN THE QR CODE TO FIND



@SalfordSchoolNurses



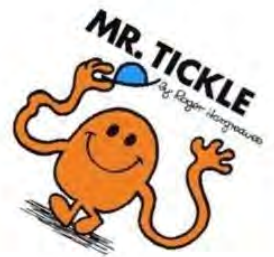
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0161 275 5500

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THE STORY OF MY LIFE



As part of our Identity Big Theme work, AS, one of our Year 10 students interviewed Ms Hindley about her reading habits and the books that have inspired her.



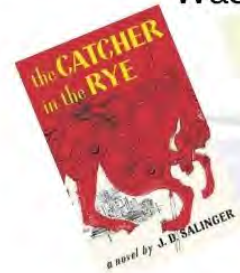
What is your earliest reading memory?
Reading Mr Men books with my Nanna

What was your favourite book when you were growing up?
Rebecca's World by Terry Nation



Was there a writer who changed your views or had an impact on you?
The Outsiders by S.E. Hinton

Is there a book you reread every now and then?
The Catcher in the Rye



Do you ever find it difficult to read?

I find it difficult to read books that have been nominated for awards because I find them too boring.

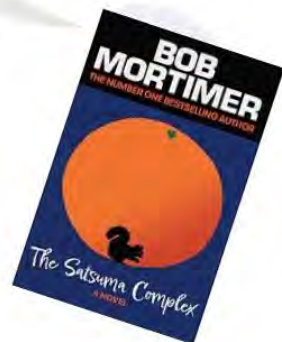
Is there a book you could never read again?
House of Leaves by Mark Z. Danielewski is just too confusing and stressful



What is your comfort read?
Reading comedians autobiographies

Do you have a favourite genre?
Autobiographies or fiction thrillers / horror

What are you currently reading?
The Satsuma Complex by Bob Mortimer



SOMETHING TO TALK ABOUT

Earlier this term, pupils in years 10 and 11 were invited to attend a mock interview. We had two employers come into the centre, Ruby from Salford Foundations and Amanda from the RAF, to conduct the interviews. Mock interviews are great for preparing students for real interviews that they will do when applying for jobs, college or university. The employers assessed the students on a variety of things including politeness, answering questions effectively, body language and the ability to recognise their own skills and abilities. We were also able to meet the Gatsby Benchmark of Good Career Guidance number 5, encountering employers and employees.

Our students got some fantastic feedback and the employers were very impressed with our young people. Some feedback the students received were;

‘Great answers, polite and friendly’

‘An exceptional young man with a commitment to his future and wants success. Inspiring, confident and huge potential to reach his goals!’

‘Very driven young woman with plans for her future/back-up plans. Very confident in what she wants, very determined.’

‘very good interview, excellent answers with own initiative.’



FAITH



Towards the end of term, students and staff have visited three places of worship to learn about mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

Our first visit was to the Quwwat ul Islam mosque in Preston.

This was the first time visiting a mosque for many of our group and we learned about the different rituals before prayers and were allowed to sit in the main prayer room while the Imam read a prayer from the Quran. It was also interesting to see the classrooms on the upper floor of the mosque where students learn more about their faith in a peaceful and prayerful environment.

Our second visit was to Salford Cathedral where we saw a more ornate place of worship with statues and stained glass windows in a much older building. Communal singing was also encouraged with the organ at the centre of the prayers and unlike the mosque and temple, we kept our shoes on. The Cathedral was also a place for people to visit to look at the decoration as well as say prayers.

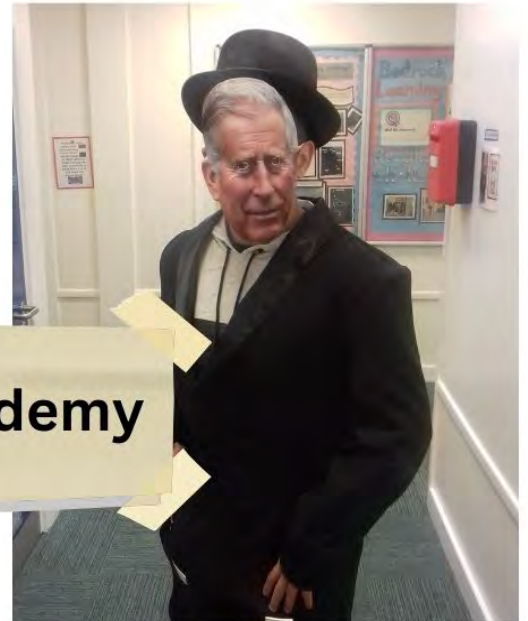
Our final trip was to the Gita Bhavan Temple in Manchester. This elaborate building was made for people of the Hindu faith to worship in. The main room contained beautiful statues and images of some of the main figures in the Hindu faith and was where worshippers made their offerings of fruit and flowers to their Gods.

These three visits although different in their faiths, showed how communities of people come together to pray and show their devotion.

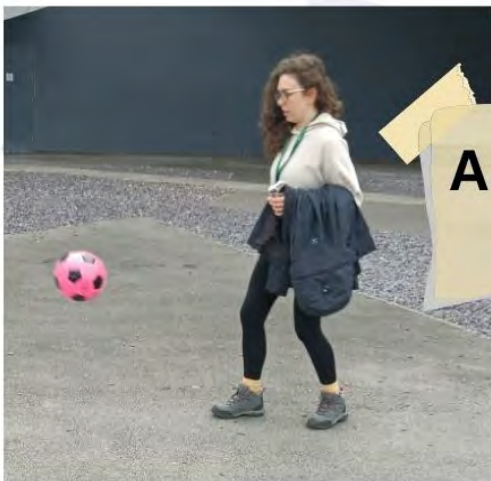




BN & LH try a new way of serving spaghetti



The King visits the King's Academy



A future Lioness showing off her silky skills



Everyone makes friends at the Arbour

SUMMER AT THE DEN

ARTS, SPORTS, MUSIC, GAMING AND MORE!

Unit 20/21, Victoria Street, Walkden, Salford, M28 3AD

PLENTY OF FUN ACTIVITIES THIS SUMMER AT THE DEN - KARAOKE, PAMPER SESSIONS, ARTS/CRAFTS, SPORTS, POOL TABLES, TABLE FOOTBALL AND VIRTUAL REALITY!

THE SESSIONS RUN 4PM-8PM WITH A MEAL INCLUDED

WE ALSO HAVE PROJECTS THAT WILL BE RUNNING DURING THE SUMMER- EVERY WEDNESDAY: MUSIC PROJECT: 5:30-7:30PM - LEARN HOW TO MAKE AND RECORD MUSIC. LEARNING HOW TO USE GARAGEBAND, RECORD MUSIC AND WRITE LYRICS WITH A PERFORMANCE AT THE END!

BOXING: 4-5PM BOXING CLASS WITH ABC IN THE BOXING GYM EVERY THURSDAY
BOXERCISE: 5-6PM - BOXERCISE CLASS IN THE FOOTBALL CAGE WITH SALFORD YOUTH SERVICE AND SALFORD COMMUNITY LEISURE

WHAT'S PROVIDED

DRINKS
SNACKS
MEALS
EQUIPMENT

[HTTPS://EEQU.ORG/EXPERIENCE/4390](https://eequ.org/experience/4390)



BACK IN BLACK

When we return in September there will be a few changes to the centre; classrooms are being updated, we will gain some new students and subjects but most importantly , an academy uniform!

These stylish hoodies and polo shirts (modelled expertly by A & L) are both comfortable and practical and have an embroidered logo which further enhances our core value of Belonging.



Term begins Weds 6th September	Term Ends Fri 20th October
Half Term Break Monday 23rd October	Friday 27th October (1 week)
Term begins Monday 30th October	Term Ends Weds 20th December
Staff training day Monday 27th November School closed to pupils	Tuesday 28th November School reopens
Christmas Break Thursday 21st December	Tuesday 2nd January (2 weeks)